

Bonjour my Friends! Welcome to the month of February as we explore the language of Love. We will be learning 'all about me' this month. As we learn the importance of taking care of our bodies, we talk about teeth care with Chef Yum Yum; we will make an edible mouth filled with shiny white teeth. To celebrate love and friendship this month we will blend together a friendship fruit smoothie. And our 'kitchen tip' Friday will be geared towards learning how our 5 senses help us taste, smell, touch and hear in the kitchen! It will be a month filled with love and friendship in the kitchen!

Hugs from Chef Yum Yum

FEB 4TH

APPLE  
MOUTH

FEB 18TH

FRIENDSHIP  
FRUIT SMOOTHIE

FEB 25TH

5  
SENSES



KIDS in the  
KITcHEN

WITH CHEF YUM YUM