

## *Hey Super Kids!*

*March we will be learning about our Muscles and how we use them to move, exercise and play. We look forward to testing our limits this month, experimenting with acro activities. Get ready to "roll" SUPER KIDS!*

**SUPER Kids are  
SUPER smart  
SUPER strong  
SUPER kind  
GO SUPER KIDS!**

**SUPER  
KIDS**

*Your music and  
movement teachers  
will be:*

*Pre-K  
SUPER (Miss) Stephanie*

*Preschool  
SUPER (Miss) Stephanie*

***SUPER  
MARCH:***

- ***balance activities***
  - ***front rolls***
  - ***hand-stands***
- ***risk management***
  - ***basic jumps***